



wesport

INSPIRING ACTIVE LIVES

west of england primary pe conference

Monday 22nd May 2017

9:00am - 4:00pm

Bath Racecourse, Lansdown, Bath, BA19BU

£120 per delegate.

Early bird discount £99pp, if booked by 31st March 2017

1 FREE place for headteacher to attend Morning sessions (plus lunch) if booked with PE Co-ordinator.

primary pe conference 2017

The annual West of England PE Conference, organised by Wesport, is designed to support PE Co-ordinators and Headteachers make the best use of their Sport Premium funding. This is a fantastic opportunity for teachers to come together and gain insightful information to help you enhance the quality of your school's PE and sport provision, benefiting the health and wellbeing of all pupils.

Places are limited so please book early, deadline is Monday 8th May 2017.

To book your place at the conference visit:
www.wesport.org.uk/primaryschoolconference2017

For more information please contact:



Alice Miller (Project Officer - Primary Links)

Email: alice.miller@wesport.org.uk

Tel: 0117 328 6257

keynote

Annie Vernon, Olympic Rower

Annie has spent nearly a decade at the top of Britain's most successful Olympic sport, competing in seven World Championships and two Olympic Games. Since retiring from rowing, Annie has become a sports journalist and speaker, passionate about using her skills and experiences to empower others in their own lives. Annie will inspire you with her story; through sharing the lessons she learned and her experience of working with children and young people. Over the course of her career, she has visited over 50 schools and also works with disadvantaged young people for the Dame Kelly Holmes Trust.

morning sessions

1. Implementing the Childhood Obesity Strategy to develop healthy, active children - *Russell Cartwright, Youth Sport Trust*

The new Childhood Obesity Strategy states that children should participate in at least 60 minutes of physical activity per day, of which 30 minutes should be within school. This workshop will provide advice, guidance and tools to support schools in achieving these ambitions and discuss the positive impact of daily physical activity on enhancing children's wider health & wellbeing.

2. Live school case studies

A selection of schools from across the West of England will demonstrate effective and innovative ways that they have used their Sport Premium funding and integrated sport and physical activity across their schools. Fellow teachers will provide you with ideas for how to target specific groups of children (i.e. girls, less active); effective impact measurement techniques; reviewing staff training needs; developing peer-led activities and much more.

3. How PE and sport can enhance children's mental health & wellbeing and build emotional resilience - *Cat Taylor, Off the Record*

Cat is a qualified mental health practitioner and counsellor, delivering Resilience workshops in schools. She will provide you with ideas for resilience activities, ways of incorporating wellbeing learning into PE lessons, and adapting the PE environment to suit different needs. She will also explore how physical activity can be used across the school as a tool for channelling disruptive behaviour.

4. Developing school - club links

A number of local clubs will tell you how they have developed excellent relationships with local schools and offer extensive opportunities to pupils. You will gain a club's perspective of the value of school-club links and understand how instrumental they can be in supporting children's long-term participation in sport and physical activity.

afternoon sessions

(These sessions will include some practical activity)

5. Real PE – Sarah Moon, Create Development

This workshop will demonstrate the philosophy of Real PE and give you the chance to try some of the activities. The fun, easy to follow schemes of work focus on developing agility, balance and coordination, healthy competition and cooperative learning in every child, giving them the physical literacy, emotional and thinking skills to achieve in PE, sport and life.

6. Real Play (formally Family FUNs) – Phil Wyllie, Create Development

Gain an insight into this unique programme that brings schools and families together to develop active family play and promote positive parenting habits. The aim is to improve children's personal, social and emotional skills, fundamental movement skills and parent/carers' confidence to play and interact with their children.

7. Ideas for Invasion Games - Gary Townsend, Bristol Rugby

As a former PE Teacher with vast experience in teacher education, Gary will show you new approaches to invasion game activities to make your PE lessons more exciting, engaging and fully inclusive for all pupils. In his previous role as the RFU National Player Development Manager, Gary developed the 'New Rules of Play' for rugby in England for ages 7-11, and is currently responsible for the development of young rugby players across Bristol.

8. Sport taster sessions – Badminton, fencing, squash and more!

Fancy offering some different sports to your pupils? Qualified coaches will deliver taster sessions to give you the chance to have a go at various sports and try out equipment and resources designed specifically for primary schools. They will provide information on tailored primary packages, teacher training courses, and opportunities for coaches to deliver sessions in your schools.

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