



wesport

INSPIRING ACTIVE LIVES



0117 328 6250



www.wesport.org.uk



@wesportcsp



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West of England Primary PE Conference

- Monday 22nd May 2017

who is wesport?

- The West of England Sport Trust (Wesport) is an independent sporting charity
- Wesport is also the County Sports Partnership for the West of England area.
- County Sports Partnerships (CSPs) are networks of local agencies committed to working together to increase participation in sport and physical activity
- 46 CSPs cover all of England
- Deliver a range of national and local programmes

strategy and vision

“Wesport will contribute to improving lives in the West of England through championing, developing and delivering sport and physical activity”

Key priority for 2016 - 2020:

- Impacting on long term behaviour change to increase participation in sport and physical activity



a changing sporting landscape

known, unknown, known unknowns...

Local...

- Devolution
- Local Government resources and role in education
- Expanding / evolving academies, free schools, studio schools, etc.

National...

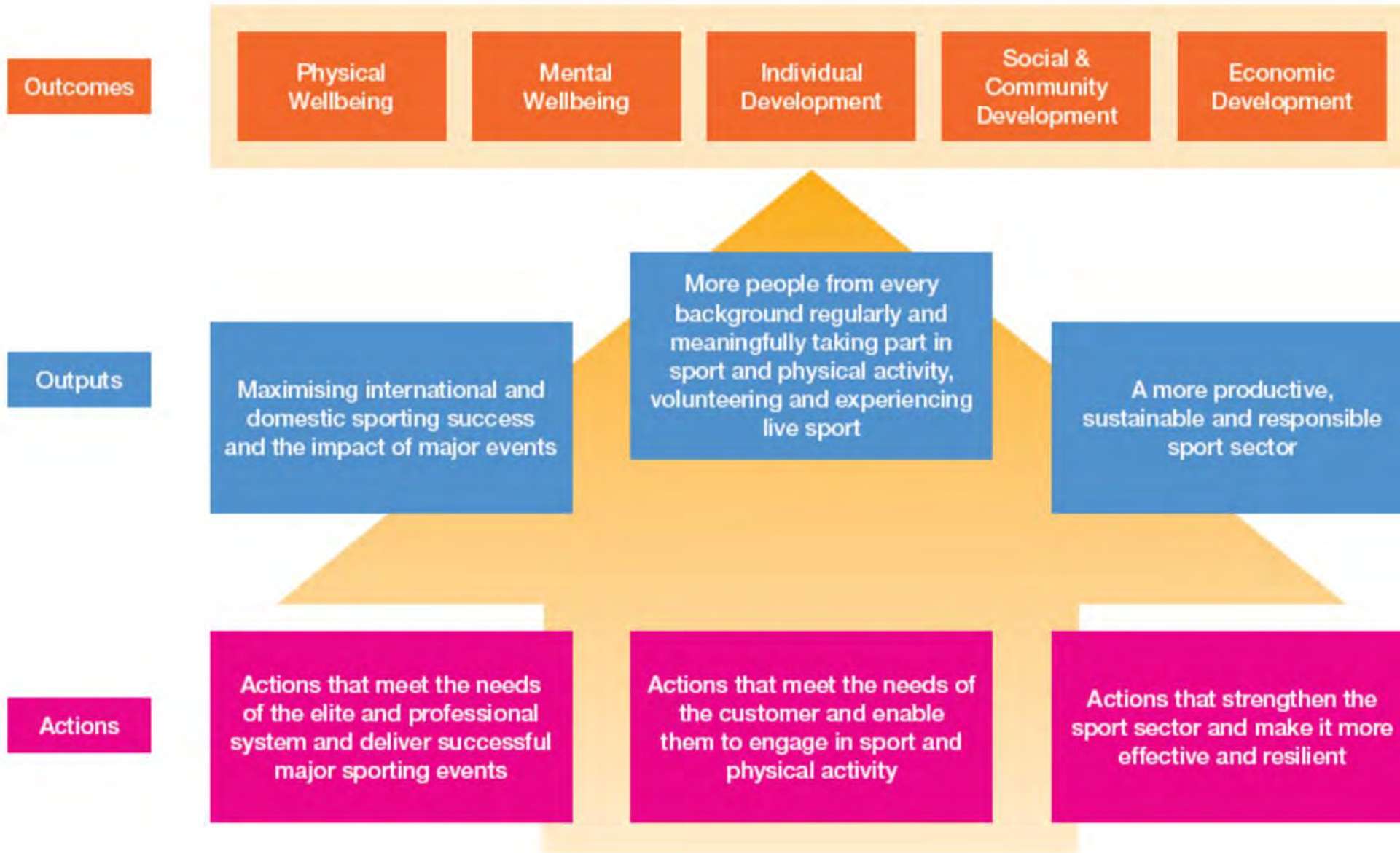
- Election!
- Brexit!!
- Physical Activity as part of a wider health policy



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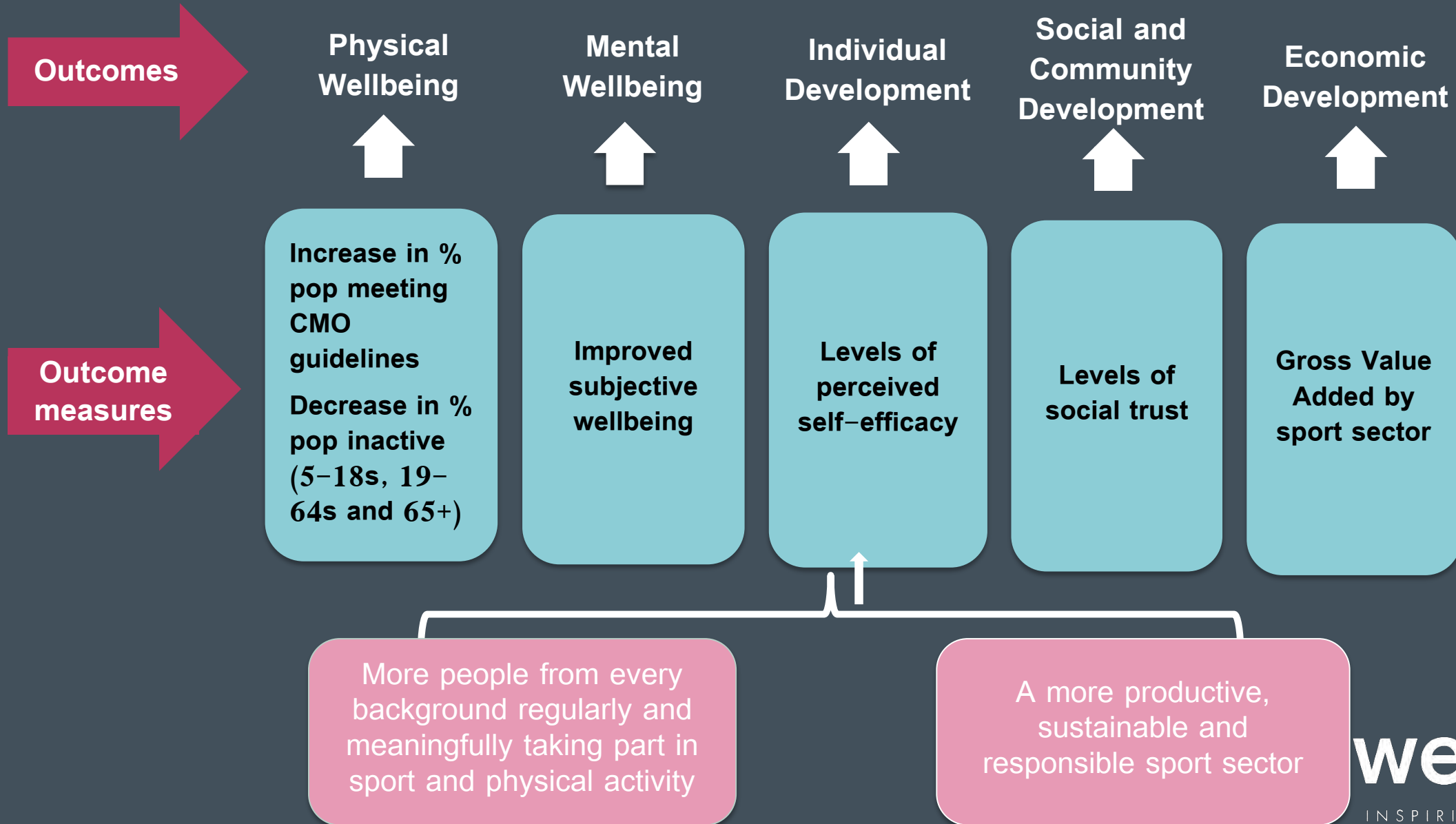
INSPIRING ACTIVE LIVES

The Framework for a new Sport Strategy



new
government
strategy for
sport

government strategy: *sporting future*



sport england strategy: towards an active nation

Outcomes

Physical Wellbeing

Mental Wellbeing

Individual Development

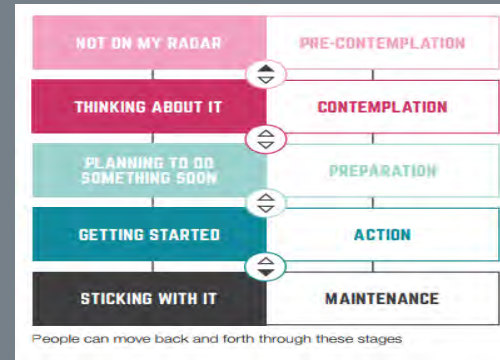
Social and Community Development

Economic Development

How we think

Customer Focus

+



How we decide

Seven investment principles

What we invest in

Tackling inactivity

Children and young people

Mass market

Core market

Volunteering

Facilities

Local delivery

Underpinned by

Workforce

Coaching

Active Lives



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sport england's role is changing

- Focusing on the outcomes - funding for organisations which can best demonstrate delivery against the five outcomes.
- Lowering of remit - Sport England responsibility to move from 14 to 5.
- Investment increasingly focused on those who do not currently take part in sport
- Under-represented groups - this focus will run through all SE funding.
- Physical Activity - will widen its role from simply sport to sport and certain kinds of physical activity, including cycling, dancing and walking. Details included in the Sport England Strategy.

implications for young people: schools

National:

- Government departments starting to speak the same language – high level outcomes
- Sport England remit extended down to age 5+

Local:

- Emerging new relationships between schools and academies (competition vs collaboration)
- Does sport have a role in schools to improve health, wellbeing, attainment, cohesion?
- Can sport play a bigger role in helping transitions through key stages; primary to secondary school?
- What about your staff?

benefits of sport for young people

- Physical health – feel physically better, healthier, stronger
- Mental health – resilience, confidence, happiness
- Educational attainment – concentration, focus, attendance
- Social and community cohesion – friendship, understanding,
- Economic benefit

wesport is here to help...

- Alice...
- Rest of team...
- Networks, connections, advice, guidance, CPD, coaches, volunteers, clubs ...



Keynote:

Annie Vernon, Olympic Rower

funding updates

- Funding to be doubled nationally for 2017/18 – this does NOT mean double for each school
- Investment may be targeted at areas of high deprivation
- Likely to be extra ring-fenced funding to address specific areas of concern:
 - Swimming
 - Primary-secondary transition
 - Diversity of spending
- 2018/19 - £415m capital investment to boost school facilities to support physical education (PE), after-school activities and healthy eating

funding updates

What should the funding be used for?

- Enhance, rather than maintain, existing provision to ensure improvements are sustainable in the long-term
- Focus on primary-secondary transition – building physical literacy and encouraging ongoing participation

What should the funding NOT be used for?

- Employing coaches or specialist teachers to cover PPA arrangements
- Teaching the minimum requirements of the national curriculum PE programmes of study - including those specified for swimming

anticipated outcomes

5 Key Performance Indicators:

1. The engagement of all pupils in regular physical activity – kick-starting healthy active lifestyles
2. The profile of PE and sport being raised across the school as a tool for whole school improvement
3. Increased confidence, knowledge and skills of all staff in teaching PE and sport
4. Broader experience of a range of sports and activities offered to all pupils
5. Increased participation in competitive sport

west of england daily mile

- Simple yet effective concept to get your pupils running, jogging or walking up to 1 mile a day.
- Impact:
 - More alert and ready to learn
 - Improved behaviour and concentration in class
 - Improved fitness – helping physical development
 - Improved self-esteem
 - Enhanced social development & better engagement with peers



west of england daily mile

FREE Resources!

- Advice to help you set up the Daily Mile
- Activity ideas and challenges to help retain motivation and enthusiasm
- 120 x Certificates of achievement
- 2 x Wall charts for classes to track pupils' distances/times
- Sample letter to send out to parents



SIGN UP NOW - www.wesport.org.uk/dailymile

timetable of the day

9.40 – 10.35	Health & Wellbeing / Live case studies
10.40 – 11.35	Mental Health / Club Links
11.35 – 11.45	Coffee Break
11.50 – 12.45	Health & Wellbeing / Real PE / Invasion Games
12.45 – 1.30	Lunch
1.35 – 2.30	Real Play / Invasion Games
2.35 – 2.45	Coffee Break
2.50 – 4.00	Sport Tasters

want to find out more?

 www.wesport.org.uk

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 [@wesportcsp](https://twitter.com/wesportcsp)

 [West of England Sport Trust](https://www.linkedin.com/company/west-of-england-sport-trust)

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