



wesport

- Workshop Programme
2018-2019

booking onto our courses

How to book

To book onto one of the above courses please visit www.wesport.org.uk/workshops.

Closed/private courses

Wesport can also provide 'closed' courses to clubs and organisations which have a minimum of 15 individuals needing to attend the course, please get in contact with us if you wish to discuss this further.

Who is Wesport?

Wesport is a registered charity and the County Sport Partnership for the West of England (Bristol, Bath and North East Somerset, North Somerset and South Gloucestershire).

We are a sporting charity that is passionate about helping people become more physically active and enjoy the benefits that an active lifestyle can bring.

We started our work in April 2006 when we became a registered charity (Charity No. 1114495) and the County Sports Partnership (CSP) for the West of England.

How can you get involved?

Visit the Wesport website www.wesport.org.uk and sign up to our newsletter, follow us on [Twitter @wesportcsp](#) and Like us on [Facebook 'WesportCSP'](#) to find out more information about Wesport and the work we do.

Speak to us



Wesport

Email: info@wesport.org.uk

Tel: 0117 328 6250

safeguarding

Safeguarding and Protecting Children Workshop

Every child deserves to enjoy their sport. This workshop will raise your awareness of the telltale signs of abuse and poor practice, and give you the tools you need to deal with any issues sensitively, appropriately and effectively should the need ever arise in your coaching career.

Course Cost: **£45**

DATE	VENUE	START TIME	FINISH TIME
4 th September 2018	University of the West of England, Bristol	18:30	21:30
18 th September 2018	University of the West of England, Bristol	18:30	21:30
4 th October 2018	Odd Down Sports Ground, Bath	18:30	21:30
6 th November 2018	Nailsea School	18:30	21:30
22 nd November 2018	University of the West of England, Bristol	18:30	21:30
14 th January 2019	University of the West of England, Bristol	18:30	21:30
29 th January 2019	University of the West of England, Bristol	18:30	21:30
12 th February 2019	Odd Down Sports Ground, Bath	18:30	21:30
11 th March 2019	University of the West of England, Bristol	18:30	21:30
26 th March 2019	University of the West of England, Bristol	18:30	21:30
4 th April 2019	Odd Down Sports Ground, Bath	18:30	21:30
9 th May 2019	University of the West of England, Bristol	18:30	21:30
25 th June 2019	Nailsea School	18:30	21:30
11 th July 2019	University of the West of England, Bristol	18:30	21:30

book now

safeguarding

Multi-Sport Time to Listen Workshop

Time to listen is a three hour workshop specifically for Club Welfare Officers (CWO). The workshop format is 'multi-sport' but we suggest that CWO's check with their governing body of sport to ensure that this format is acceptable with their sport. In order to attend this workshop you must be your clubs Safeguarding Officer or CWO and have completed a SCUk Safeguarding & Protecting Children Course or equivalent in the last three years.

the workshop will:

- Identify what a club welfare officer does
- Describe how a club welfare officer works with others to create a child centred environment
- Explain how a club welfare officer role fits into the wider safeguarding environment
- Apply learning to case studies including sharing of good safeguarding practice
- Increase your confidence to fulfill your CWO role

Course Cost: **£35**

DATE	VENUE	START TIME	FINISH TIME
27 th November 2018	University of the West of England, Bristol	18:30	21:30
28 th February 2019	University of the West of England, Bristol	18:30	21:30
30 th May 2019	University of the West of England, Bristol	18:30	21:30

book now

1st aid

QCF Emergency First Aid at Work (Sports First Aider)

This first aid course covers the basics of first aid and how to administer it safely and correctly. This course qualifies you as an 'Appointed Person (Sports First Aider)'. It will cover the following areas of first aid: Anaphylaxis, Asthma, Bleeding, Broken Bones, Burns, Choking, Cardio Pulmonary Resuscitation, Diabetes, Emergency Action Plan, Eye and Nose Injuries, First Aid kits, Fitting, Heart Attack, Poisoning, Recovery Position, Shock, Spinal Injury, Stroke, Unconscious Casualty.

The course will also include Automated External Defibrillator and Auto Adrenaline Injection training.

Course Cost: **£65**

DATE	VENUE	START TIME	FINISH TIME
25 th November 2018	University of the West of England, Bristol	09:00	16:30
10 th March 2019	University of the West of England, Bristol	09:00	16:30

book now

who are wesport?

The West of England Sport Trust (Wesport) is a charity that champions sport in the local community by creating inspirational and innovative opportunities for more people to experience the benefits of physical activity.

Wesport is part of the national County Sports Partnership Network and locally acts as the strategic lead for sport and physical activity across the West of England (Bristol, Bath and North East Somerset, North Somerset and South Gloucestershire).

Main activities include:

- Working with a wide variety of local partners, enabling the delivery (directly or indirectly) of nationally-funded sports programmes.
- Providing leadership, expertise and resources to improve the variety and accessibility of sport and physical activity opportunities for local people, by actively developing clubs, coaching and volunteering in the area.
- Supporting educational establishments in developing their sport and physical activity opportunities.
- Connecting with community organisations, such as disability groups, housing and health trusts, to get more people involved in sport and physical activity.

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 www.wesport.org.uk

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