



wesport

INSPIRING ACTIVE LIVES

Annual Report 2018/2019

Welcome

Welcome to the West of England Sport Trust's Annual Report 2018/19.

Throughout the 2018/19 financial year Wesport have continued to work on a number of different projects including The School Games, The Daily Mile and Satellite Clubs. Wesport have worked with a wide range of partners and coaches to help create sporting and physical activity opportunities, making a difference to the individuals we have engaged with across the West of England.

The networks and partnerships that we have created throughout the year have allowed us to make a difference to individuals, and they have also helped develop our knowledge and understanding of the people that live and work in the West of England.

We are delighted to be able to showcase some personal success stories from individuals and organisations we have worked with.



A handwritten signature in black ink, appearing to be 'John A.', written in a cursive style.

CEO, Wesport

Satellite Clubs



Steffan is a Community Development Worker for Hartcliffe & Withywood Community Partnership (HWCP). He achieved his Level 1 Football Association coaching accreditation in order to deliver a Satellite Club football project in the area, and said:

"The Wesport satellite club funding has lit the touch paper for us. It has been a starting point and now we are looking to develop and evolve the work. A once a week football session served a purpose for getting young people using a space and that has grown to us now offering several sessions each week and introducing different sports and activities. Key to our work has been and will continue to be engagement of local volunteers becoming session facilitators."

School Games



"Another fantastic year of school sport with children of a wide range of abilities competing and enjoying being active. The School Games continues to create more opportunities for more and different children to take part."
-Andy Blackmore, Wesport

The Daily Mile

"We tend to do it in the afternoon to break up our lessons & improve concentration. I enjoy running along with the children for little chats & to give encouragement. Some like to challenge themselves to beat me too which is all healthy competition."

(Ms Connolly Y5 teacher)



This Girl Can

Engaged with local groups including Women Without Borders Group and Somali Girls Youth group to activate women-only sessions.

Bristol Parks Tennis

Awarded the tender to operate the Parks Tennis programme in Bristol, across 3 tennis sites; Canford Park, St George Park and Eastville Park. In the first couple of months there were:

- 129 members
- 68 pay & play

Ping! Project Bristol

- 24 tables in use
- 28,388 participants

West of England Civil Society Partnership

A registered Community Interest Company established by these VCSE (Voluntary, Community and Social Enterprise) sector infrastructure organisations across the West of England:

- Wesport
- Voscur
- The Care Forum
- 3SG (Bath & North East Somerset)
- VANS (Voluntary Action North Somerset)
- CVS South Gloucestershire
- WERN (West of England Rural Network)

Community Engagement

Established the Lockleaze Physical Activity & Sport Partnership

HIGH



LIGHTS

Primary Sport Premium

- 10 1:1 meetings
- 2 day climbing event as part of the school games targeting inactive children (years 3 & 4)
- 17 teachers attending CPD courses

PE Conference

- 50 teachers attended
- 20 partners

Dot Project

In partnership with the VCSE organisations, Digital Leadership workshops took place across the West of England, funded by the DCMS (Department of Culture, Media and Sport) to support small charities and organisations develop their digital strategies.

Workshop Programme

- Safeguarding and Protecting Children
- Time to Listen
- First Aid
- 320 people, 83 partners, 21 courses

Bath Mind Get Set to Go

We've worked with and supported Mind in the delivery of their Get Set To Go project which provides training courses for local sports coaches and physical activity instructors.

- 76 attendees
- 6 courses

Coach Core

'I have really enjoyed my time with Coach Core. I have gained a lot from this programme, not just qualifications but valuable coaching experience and gym experience. Everyone has been really supportive with everything so it has made my time with Coach Core very enjoyable. Working and studying at the same time has really worked for me.'

**-Chris Farrow - Wesport / UWE -
Yr 1 Apprentice Graduate**



Workplace Competitions



"Before events I notice a fair bit more chatting about the event between participants, at the event I see lots of people chatting that would normally not interact too much and after the event we almost always go for a meal or drink and so encourages some more socialising and chatting about the event."
(Dylan, InsideAsia Tours)

On & Off the Pitch



"We've really enjoyed being part of this project. It's got me and the club as a whole, thinking about the mental wellbeing of everyone involved here. To know our views and recommendations have been taken seriously by the club is great. We just want to make sure we look out for each other a bit more and offer support when we can."

- North Bristol Rugby Club

Number of people
who we have
engaged with:

9,908



Number of coaches we
have engaged with:

123



**‘Create,
Inspire and
Empower
Through
Sport and
Physical
Activity’**



Amount of funding
we have helped
partners to access:

£147,853.20



Number of partners
we have worked with:

189



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