

# Active Lives Children & Young People Survey Academic Year 2018/19



**Gender:** Boys (51%) are more likely to be active than girls (43%)

**Family Affluence:** Those from low affluence families are the least likely to be active (42%)



**Year Group:** Activity levels peak at school years 1-2 (52%) and years 7-8 (51%)



**Disability and long term health conditions:** Children and young people with a disability or long term health condition are more likely to be less active than those without.



**Ethnicity:** Asian (35%) and Black (34%) children and young people are the most likely to be less active.

The Active Lives Children & Young People Survey for the Academic Year 2018/19 was released by Sport England in December 2019. Data is presented for children and young people in school Years 1-11 (ages 5-16) in England.