

# CRIME PREVENTION THROUGH SPORT FUND

2021/22

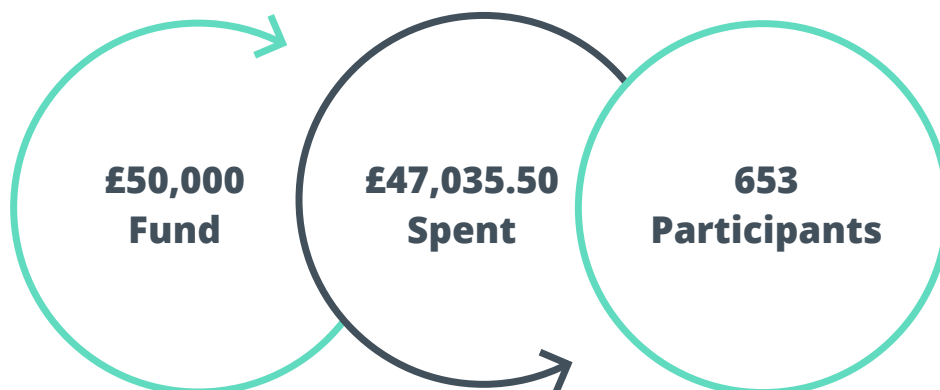


# The Crime Prevention Through Sport Fund

## About The Project

Avon & Somerset Constabulary worked in partnership with Somerset Activity & Sports Partnership (SASP) and The West of England Sport Trust (Wesport) to deliver the 2nd year of Crime Prevention through Sport Fund. Both SASP and Wesport fulfil the roles of Active Partnerships for their respective areas which cover the force boundary, they are the strategic leads for sport and physical activity and act as connectors to community organisations.

This fund was launched in April 2021 as England emerged from it's 3rd national lockdown due to the Covid-19 pandemic. Funded partners were still reeling from the affects of the pandemic and we were all still living with restrictions. Partners were learning how to adapt delivery to the limitations imposed in order to keep everyone as safe as possible. Our thanks goes out to the funded partners for their perseverance, communication and high standard of delivery and care given to all their participants. Please see a report from each funded project below including summaries on key learnings, sustainability and added value that this partnership approach has delivered. Please note projects are delivering until March 2022 so these figures are from January.





Transforming lives through cycling

- Age range: 13-15 years old
- Investment: £3,594
- Participants: 5
- 1 White British, 2 Senegalese & 2 Black British

Felix fixers – a pilot project for at risk youth -has started positively with the first cohort of 5 young people from year 9. These young people were each chosen because they struggle either academically and/or socially.

Young people are taught skills and participate in open sport sessions at the playground. They also attend bike renovation sessions where they learn basic bike maintenance renovating bikes that have been donated by A&S Police. The young people can then chose to keep the bike or donate it to a sibling or local charity partner i.e. Cycling Sisters or Felix Freewheelin'.

Lifecycle have established a good link with the pastoral team at the local Secondary school to ensure the right young people access the opportunity.

○

“

'It is a good course, they help you learn how to fix a bike. I never knew about bikes, everyone is nice & friendly. I would 1000% recommend to other!'

”

One young person has just moved to the area, two of them are still getting to grips with English as their second language. Another has been struggling with friction in the classroom. This particular boy has been engaged and polite throughout the whole course. Gemma, the support worker told us “He has got such a lot out of it, I can see it has meant a lot to him to get a sense of achievement.”



- Age range: 8-11 years old
- Investment: £4,980
- Participants: 8
- 6 White British, 1 Eastern European, 1 Afro Caribbean

Futsoul recruited participants for their programme through the SENDCo at Oasis Long Cross School in conjunction with the Police Violence Reduction Unit.

The project uses 1-2-1 Futsal coaching sessions delivered by qualified coaches with experience of working with challenging children .

Sessions are delivered in school to reduce barriers to access the support for young people. Although the sessions are ran by FA qualified futsal coaches, with futsal being the focus, they are tailored to the specific individual the coaches are working with. Meaning the sessions were focussed on either futsal skills or if the coaches felt they were needed, transferable life skills.

Futsoul 360 have developed their schools engagement programme after a successful pilot project with St Barnabas Primary School. They are collecting data from the coaching logs, staff surveys and tracking pupil behaviour and hope to share a more in depth report when session delivery has finished.

Feedback from the young participants is positive, one young person spoke about how Futsal is his favourite sport and that he has asked his Mum for a futsal ball and wants to find a team locally to join.



- Age range: 10-14 years old
- Investment: £3,936
- Participants: 10
- 5 from a culturally diverse community & 5 White British

Empire Fighting Chance and Bristol Rovers Community Trust are delivering 'Stepping Stones' in Lockleaze. This programme works alongside the Violence Reduction Unit. The VRU identified individuals to participate in the programme to prevent their anti-social and criminal behaviour from escalating.

Outcomes of the programme that the team are tracking include:

- Improved mental health
- Improved behaviour
- Improved outlook
- improved relationships

Feedback from the participants clearly evidences the need for this bespoke support:

"This has given us a safe space to be, and means we haven't been out hanging around causing trouble in the streets. We really like the session, the activities and our coaches."

"This has given us something to do on an evening instead of hanging around looking for stupid things to do. We don't want the sessions to finish."







**Somerset West  
and Taunton**

**Total Investment £3,400**

This project was led by the North Taunton One Team in partnership with Campus Skate Parks, a skate company based in Bristol.

The total investment was split into various sessions and was run throughout the year.

£1,440 was used for 6 amazingly successful days at Lyngford Park during the Family Activity Days taking place at the park. These sessions were provided by Campus Skate Parks, who provided free tuition to the children & young people taking part in the session

In the October half term a trip was organised to the Campus skate park in Bristol to use their facilities. At the start there was a great uptake, however closer to the date saw a drop out with some pulling out on the day. With this being said 5 families were still able to access the facilities with 10 children & young people.

With the investment they were able to also provide a half day session indoors at Taunton North Youth Club in the half term. As well as another half day session at the church hall in Halcon.



The project now has a coach who is local and is keen. They have recently set up a club in another area of Taunton which has worked really well. The next aim will be to look to deliver some taster sessions at the Jump Start club and will plan to use some of their leaders to go and help at the skateboard club too!





- Age range: 10-15 years old
- Investment: £4,787.50
- 50 Young people, 24 sessions, 280 attendances

Bath City Foundation and Young Bristol worked in partnership in the Keynsham area to use the 'Youth Club On Wheels' to take positive activities and support for young people at risk of becoming involved with crime or anti-social behaviour. These activities build resilience and skills of young people through teamwork, commitment and interest.

Participants for the project were recruited through street-based youth work, word of mouth, local schools and local community organisations. The partners agreed to deliver in a focus location of Keynsham Park which supported the Police aims at the time of this fund due to increased concerns about anti social behaviour. Being able to move the sessions with the use of the Youth Club On Wheels has meant that the team have identified gaps in deprived areas of Keynsham where young people needed support.

The staff working on the project were highly experienced and qualified youth workers and sports coaches who built longer-term relationships with the young people based on trust, fun and enjoyment. Together they have created a safe space for young people to spend time as well as dealing with any difficulties they may be facing.



The sessions were adapted to the young people who attended so they were flexible and tailored to the individual needs and wants of the participants.

The partnership located themselves in the identified 'hang out' areas of where the young people gather making the sessions easily accessible.

Having the 2 different organisations working in partnership on the project has allowed for the range of participants to be engaged in different ways from sports and games to creative activities and in depth discussions.



- Age range: 20-40 years old
- Investment: £3,186
- Participants: 20

The project has worked within the C&S gym in Bridgewater which is a women's only gym. This along with the C&S staff understanding the group and tailoring the sessions for the participants has created a safe and supportive environment for the participants.

The Trust have also delivered a weekly yoga session at the YMCA in Highbridge. This is to accommodate the large amount of people that find it difficult to travel to Bridgewater to the Women's centre.

The feedback from the sessions has been excellent rewarding the trust themselves. They have also tried to reward their regular members with funding being used on extra equipment for them, or even better, upskilling the participants to be able to lead some sessions as an instructor in the future.

SASP match funded this project as some of the participants would be over 25 years old, this meant the Trust didn't need to turn anyone away who showed an interest in the project.

- Age range: 10 - 17 years old
- Investment: £3,906
- 88 Participants, 583 attendances, 27 sessions in Hartcliffe & 27 in Knowle
- 61 male & 27 female

The participants of this project were made aware of the sessions through LPW's existing south detached partnership work.

LPW employed staff that had already established relationships with the young people in the local area, this was Ollie who had also built relationships with staff in the area too. To accompany him, they introduced Chris. Because of the previous relationships Ollie had created with the local area, this allowed Chris to enter and develop his understanding and relationships.

The project overall has tried to build relationships between the organisation and young people from both areas, as well as creating relationships between the young people themselves. They have used sport as a mechanism to get these young people together and have conversations with them to try and reduce the violence towards each other through this.

They have created a project which uses sport and being active as a way to have conversations and create relationships.



# BSYW

## Bristol Somali Youth Voice

- Age range 16+ years old
- Investment £3,400
- 180 people accessed Football sessions
  - 90 Black, Somalis
  - 38 other black ethnic minorities
  - 20 Asian
  - 32 White
- 160 people accessed workshops
  - 80 Black, Somalis
  - 40 other black ethnic minorities
  - 20 Asian
- 48 accessed group discussions
  - 28 Black, Somalis
  - 10 other black ethnic minorities
  - 10 Asian

The project was made easily accessible for everyone, meaning that people could self-refer as well as being joined by support from family and friends.

Bristol Somali Youth Voice used community champions and young people to act as role models to others involved within the project. This allowed these people to facilitate conversations with participants around reducing violence, crime and anti-social behaviour. The use of community champions within the project was important because of their relationships within the community meant a positive relationship between the participants and the project.

The project has used sport as a vehicle to engage disadvantaged young people from ethnic minorities who may have been considered hard to reach.

The project has allowed hard to reach individuals from ethnic minorities to be engaged and receive support where they may not have been able to access in the past. As well it has allowed 30 young people to develop employability skills and understanding so they can find a job and lead a productive life





## YOUTH CONNECT SOUTH WEST

- Age range: 11 - 19 years old & up to 25 with SEND
- Investment : £4,104
- Participants: 60

For the project, a majority of the participants were regular service users who mostly attended youth work provision across B&NES. A large number of the participants also found out about the project through their social media platforms such as Facebook & twitter.

The sports coaches were skilled and experienced in working with young people and developing their football skills. The coaches provided inclusive and accessible sporting activities for the participants involved with the project.

The coaches were able to use the sports activities to engage with positively with the young people building relationships with them. The sessions also allowed the coaches to provide 1 to 1 coaching support where required.

Youth Connect South West supported young people with a range of needs and backgrounds. The sessions engaged young people who lived in deprived areas who often got involved in anti-social behaviour.

The sessions also worked with vulnerable young people who had been affected by isolation that had impacted on their physical and mental wellbeing. The aim of this was to inspire these people to take responsibility and work to improve their physical and mental wellbeing as a result of engaging with the project.

The feedback from the sessions was good, with one participant even being inspired by the football sessions to be confident enough to go and join a local football club to continue his development within the sport.

### VRU referrals / feedback:

- We work well with Youth Connect South West, we share relevant information and they inform us of when their activities are occurring so that we can go along, provide a presence as well as meet new and already known faces (PCSO Early Intervention Team)





STEPS TO A POSITIVE FUTURE

- Age range: 8-18 years old
- Investment: £4,900
- Participants: 14

The participants for the project were recruited through the violence reduction unit, the Police & the pupil referral unit.

The project identified that a lot of the young people involved in the project had already tried club sessions but didn't want to go back, or weren't welcome back because of their behaviour. To combat this the project helped provide training to the clubs improving their understanding of why the young people had acted like that whether this was because of trauma or ACE's.

SASP have developed important connections with the clubs that were providing the opportunities to the young people involved in the programme.

All the clubs involved with the programme have now had training & have an improved understanding of trauma & ACE's and so are better equipped to help the young people.

With this in mind along with the relationship that the SASP mentors have built with a variety of clubs, the young participants now have the opportunity to experience a range of different sports, whilst knowing the club they are going to is a safe place as a result of the training and the relationship with their SASP mentor.

VRU referrals:

- VRU Nominations 5
- 3 further nominations working towards progressing into a club environment longer term

# Sustainability

The cost for investment in community prevention far outweighs the cost per head for young people who become involved in the criminal justice system. For more intensive programmes with less participants, the cost ratio increases but will still be a system efficiency to spend money on wider prevent agenda.

## Added Value

A key partnership benefit for the Crime Prevention through Sport Fund was for the insight and support from SASP & Wesport to further imbed the use of sport as a tool for development. This partnership also streamlined the application process, opened the funding pot up to a wider audience and used a theory of change to assess the projects.



## Other Funding Streams

Both SASP & Wesport manage other funding streams through Sport England and other programmes of work. This enabled the team to fund projects that weren't necessarily right for the CPTSF but the project idea could be supported through another avenue. For example, in Portishead a local Youth Centre were funded through another community fund managed by Wesport to deliver their training offer to a local secondary school. The project was well developed and designed with the cohort in mind but it wasn't a focus location.



# Sustainability

## Sustainability – Case Study – Duke of Edinburgh Scheme Somerset



The Crime Prevention through Sport Fund can achieve sustainable schemes by piloting and seed funding initiatives which attract partnership support and funding as an individual project. An example of this is the Alternative Duke of Edinburgh Scheme in Somerset which worked with young people identified as being at risk of becoming involved in criminal activity, at risk of isolation and very vulnerable. The young people varied in age, starting from 12 years, but NEET young people were especially prioritised. The young people were identified by the NEETS programme, lack of attendance at school (vulnerable pupils) and local Police and then offered the programme.

The initial pilot that was run from January to July 2020 and was part funded by the Crime Prevention Through Sport Fund with a grant of £5000. Nine young people participated from a secondary school in Bridgwater, eight achieving the whole bronze award and one achieving a certificate of achievement; this was even during the first covid lockdown. About half of the YP from the pilot group went on to start the Silver award soon after through their school and with their peers.

At the end of the pilot, this programme was expanded across Somerset and was funded by West Somerset Opportunities Area, South Somerset District Council, South Somerset 14-19 Partnership, via the free masons, schools self-funding. Another forty two young people participated in the provision during 2020-2022 across Charter House on the Mendips, Kilve in Somerset West and some in South Somerset.

The alternative DofE provision is a collaborative piece of work which involves Somerset Works, SSE Outdoor Education, Avon and Somerset Police, TAS and PFSA Coordinator for Sedgemoor and Young Somerset.

# Learning though the project

Panel meetings have progressed in to update meetings between Police and fund managers SASP & Wesport. These meetings have been helpful to discuss project updates, create connections and learn from each other. It has been vital to have Police colleagues from different teams to ensure we understand how to learn from this first delivery year.

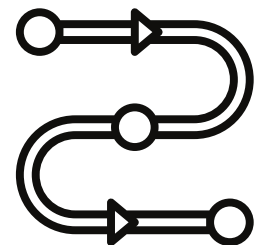
## Locations

With a more focussed relationship with the VRU's we aim to ensure data and insight can be shared to coordinate delivery locations for the Crime Prevent Fund in future years. Places will be listed linked to serious violence hot spots.



## Referrals

Improved tracking of referrals by VRU (from within VRU) to interventions funded by Crime Prevention Through Sport to better understand outcomes for individuals. Check and challenge at point of application to ensure partners have the necessary connections to each local VRU.



## Publicity

Improve the process to ensure Policing teams know about the funded projects in focus locations. Share marketing updates and connect teams to providers to also help referrals into projects.

