



# wesport

INSPIRING ACTIVE LIVES

## West of England Primary PE Conference

Thursday 20<sup>th</sup> October 2022

8:30am – 3.45pm

SGS College (Wise Campus) New Road, Bristol, BS34 8LP

### Primary PE Conference 2022

The annual West of England PE Conference, organised by Wesport, is designed to support PE Leads and Head teachers make the best use of their Sport Premium funding. This is a fantastic opportunity for teachers to come together and gain insightful information to help you enhance the quality of your school's PE, Sport and Physical Activity provision, benefiting the health and wellbeing of all pupils

**Places are limited so please book early.**

**To book your place at the conference:**

**[Click here](#)**



**For more information please contact:**

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# Keynote

**Dr Liz Durden-Myers – Lecturer at Bath Spa University and University of Gloucestershire**

*“Physical Literacy and Physical Education – an active start for an active life!”*



With physical literacy and fundamental movements being a key focus within primary PE now, we are honoured to have Dr Durden-Myers agree to present at this year’s conference.

Liz is a Senior Lecturer in Physical Education within the School of Education.

Her main teaching responsibilities include delivering on the PGCE in Physical Education. Liz is a passionate educator and health and wellbeing advocate and has number of professional roles including; Senior Lecturer in Physical Education at the University of Gloucestershire, Managing Director at Scholary Ltd., Co-Founder at PE Scholar and Chair of the International Physical Literacy Association (IPLA).

In her keynote address, Liz will explore what physical literacy is and how physical education practitioners can promote and create a meaningful PE, School Sport and Physical Activity offer that gets more children off to the best possible start in the pursuit of being active for life.

# Morning Seminars

The Keynote will be followed by four workshops.

## Session 1

### **Liz-Durden Myers: Physical Literacy**

This workshop will:

- Explore practical ideas to support physical literacy informed curriculum design, pedagogy and assessment.
- This session explores what physical literacy is and how physical education practitioners can promote and create a meaningful PE, School Sport and Physical Activity offer that gets more children off to the best possible start in the pursuit of being active for life.

## Session 2

### **Colleen Krenzer: Building Confidence in girls PE**

This workshop will look at:

- Defining heart, mind, body strength: the role of movement and mindfulness.
- Understanding what holds girls back and how to break those barriers down.
- Celebrating how confidence on the playing field leads to confidence in the classroom.

## Session 3

### **Lee Sullivan, Education Consultant: Primary concept curriculum**

PE is so much more than sport. For too long students (and others) have been put off physical activity because of sport-driven, technique focused and performance obsessed PE lessons.

During this workshop we will explore the journey of a head of PE in transforming their curriculum offer from a traditional approach to a more inclusive and impactful offer through the use of a concept curriculum.

## Afternoon Practical workshops

After lunch and marketplace time you will be able to participate in 2 of the following 4 options

Session 1	Session 2
<p data-bbox="120 284 512 347"><b>Progressive Sport: Maths on the Move</b></p> <p data-bbox="90 392 546 563">This session will allow teachers a chance to experience Physical Active Learning (PAL) first hand and discuss and explore ways they can implement Maths on the Move into their school.</p>	<p data-bbox="580 284 1016 347"><b>Gloucestershire Cricket Foundation: Games to introduce Cricket</b></p> <p data-bbox="572 392 1025 595">Gloucestershire Cricket Foundation will demonstrate the fantastic opportunities and expertise they (and the wider cricketing family) can provide to primary schools looking to embed or introduce cricket.</p>
Session 3	Session 4
<p data-bbox="104 662 532 691"><b>The FA: Adaptable arrival activates</b></p> <p data-bbox="90 732 529 978">Vinny Halsall has worked for the FA/England Football Learning for the past 7 years. He is now part of the recently restructured Grassroots Development Team, with a specific remit as a regional PR Officer covering the South West of England.</p> <p data-bbox="90 999 508 1066">This session will explore and share ways to introduce Football to all.</p>	<p data-bbox="572 662 1025 726"><b>The LTA: Delivering to a mixed ability group.</b></p> <p data-bbox="572 732 1025 869">The session will provide staff with the confidence and tools to deliver tennis to a large, mixed ability class of pupils in a typical primary school space.</p> <p data-bbox="572 911 1025 1157">Primary school teachers who attend this course will then be able to access a wealth of lesson plans and a £250 reward voucher (one per school) to spend on tennis equipment or 10 hours of curriculum time coaching from an LTA Youth trained coach.</p>

You can finish your day here at 3.45pm or you may like to stay for informal networking until 4pm.

[Book your place here.](#)