

# inspired to Move Training

**Inspired to Move** is a programme of early years and early K\$1 physical development training, support, and tools to help teachers, teaching assistants, coaches and practitioners to develop their knowledge, skills and provision. The two in-depth training days will enable them to take away proven strategies that they can implement immediately into their school with confidence.

#### Day One - 23rd February 2017, 9am - 4pm

### Early Years and Transition to KS1 Physical Development and PE Planning

Foundation Stage and KS1

- Key concepts of Early Years Physical Development
- Skill Development and Foundations
- PE Planning and Holistic Planning
- Activity Ideas

### Day Two - 25th April 2017, 9am - 4pm

#### **Learning through Physical Activities**

Foundation Stage and KS1

This training will link to my book-Learning through Movement and Active Play in the Early Years

- Delivering all areas of learning through physical activities
- Impact of physical activity on learning
- Environment and Risk Taking
- Activity ideas

## **Who Can Attend**

The training is aimed at early years, KS1 and SEN teachers, TAs, coaches, PE coordinators and early years practitioners. It will provide attendees with knowledge and information that each attendee can use for their own provision.

# **Venue and Cost**

Redfield Educate Together Primary Academy Avonvale Road, Redfield, Bristol, BS5 9RH

One Day: £90pp Both Days: £160pp

**Tania Swift** 

B Inspired Ltd, 33 Newlands, Pershore, WR10 1BW

T 0333 5775071 M 07956 058546 W www.binspireduk.co.uk