



wesport

INSPIRING ACTIVE LIVES

West of England Primary PE Conference

Monday 12th March 2018

8:45-3:15pm

Shaftesbury Park Conference Venue, Dings Crusaders RFC, Frenchay Park Road, Bristol, BS16 1LG

£120 per delegate.

Early bird discount £99pp, if booked by 12th January 2018

1 FREE place for headteacher to attend Morning sessions if booked with PE Co-ordinator.

primary pe conference 2018

The annual West of England PE Conference, organised by Wesport, is designed to support PE Co-ordinators and Headteachers make the best use of their Sport Premium funding. This is a fantastic opportunity for teachers to come together and gain insightful information to help you enhance the quality of your school's PE and sport provision, benefiting the health and wellbeing of all pupils.

Places are limited so please book early, deadline is 28th February 2018.

To book your place at the conference visit:

www.wesport.org.uk/primaryschoolconference2018

For more information please contact:



Alice Miller (Project Officer - Youth Sport)

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timetable

(All timings subject to change)

TIME	SESSION
8:45-9:15	Registration/Tea & Coffee
9:15-9:40	Welcome Address & Keynote
9:45-10:15	Sport Premium Funding Update
10:20-11:15	Workshop 1
11:15-11:30	COFFEE BREAK
11:35-12:30	Workshop 2
12:30-1:25	LUNCH & MARKETPLACE
1:30-2:25	Workshop 3
2:30-3:15	Workshop 4

morning sessions

Each delegate will have a choice of attending one workshop in each of the four sessions throughout the day. You will be asked for your selections as part of the booking survey. To book your place please visit www.wesport.org.uk/primaryschoolconference2018

Please note- Workshops marked with a 'P' will include some practical activity

Option 1	Option 2
WORKSHOP 1:	
<p>Creating Behaviour Change in Sport & Physical Activity</p> <p>Dr Fiona Spotswood is a senior lecturer in social marketing and behaviour change at the University of the West of England with a specific focus on physical activity. She will help you understand how to stimulate behaviour change amongst your pupils and create positive attitudes towards sport and physical activity.</p>	<p>Live School Case Studies</p> <p>An opportunity to hear about innovative projects and interventions that schools have developed using their Sport Premium funding. Themes are likely to include use of sports leaders, parent engagement, staff wellbeing, and integrating physical activity across the curriculum.</p>
WORKSHOP 2:	
<p>Combatting Obesity</p> <p>Experienced Health professionals will provide a national and local picture of the obesity crisis and how to address the issue in schools. Gain advice for how to provide bespoke support to individual children and families, using physical activity as a tool. Also an opportunity to find out more about the Healthy Schools programme in your area.</p>	<p>Active 30:30 (P)</p> <p>Gain an insight into this fantastic new resource, developed to help schools reduce sedentary behavior and increase physical activity in young people outside of timetabled curriculum PE. It also addresses how to help influence the remaining 30 active minutes to be achieved outside of school by engaging families, clubs and community groups.</p>

afternoon sessions

Option 1	Option 2
WORKSHOP 3:	
<p>Active Maths & Active Literacy (P) This session will provide a taster of the full CPD courses delivered by the Youth Sport Trust. Written in line with the Maths and English curriculums, the solutions help guide school staff to deliver practical-based engaging and innovative learning. This is particularly effective with young people who find more traditional methods challenging.</p>	<p>Outdoor Adventurous Activities (P) Mojo Active operate a dedicated outdoor activity centre near Almondsbury. They have developed an extensive schools curriculum programme linking fun and engaging activities with relevant topics across a range of subjects. An opportunity to try your hand at some of the activities and learn how this method of learning will benefit your pupils.</p>
WORKSHOP 4:	
<p>Mindfulness in Schools This workshop will explore how mindfulness can be used to develop pupils' relationships, confidence building, resilience and mood management. You will learn practical ideas around how to include mindfulness sessions during PE and as active classroom activities to support pupil understanding of these concepts and ways to manage / improve them.</p>	<p>Hoop Dance & School Fit (P) An opportunity to discover two new and exciting activities! Hula hooping is a fun full-body exercise that has a huge range of physical, social and emotional benefits. It is a fantastic way to engage children who find it challenging to access more traditional sports or with educational needs. Run by a qualified personal trainer, School Fit offer unique educational circuit based exercise sessions for primary schools, helping children develop fundamental movement skills.</p>

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