

Morning Workshops:

Available Workshop Sessions 1 and 2

Please choose two workshops to attend in sessions one and two

	Workshop Title	Workshop Deliverer	Themes
1	The parkrun Story – lessons in getting the inactive active through regular local events	parkrun UK – Chrissie Wellington OBE & Geoff Keogh	<ul style="list-style-type: none"> • Engagement and Inclusion • Events • Public Health
2	Engaging disabled people in sport and physical activity	Access Sport and English Federation for Disability Sport (EFDS) – Kat Southwell & Mark Fosbrook	<ul style="list-style-type: none"> • Engagement and Inclusion • Disability
3	The power of sport in improving mental health	Empire Fighting Chance – Martin Bisp, Jamie Sanigar, Sam Kotadia	<ul style="list-style-type: none"> • Engagement and Inclusion • Public Health • Leadership
5	Sport as a tool for economic growth - the wider economic benefits of sport to local economies	Destination Bristol – John Hirst (CEO)	<ul style="list-style-type: none"> • Business • Economy • Policy and Strategy
6	A new plan for coaching in England	Sport England – Stuart Armstrong (Head of Coaching)	<ul style="list-style-type: none"> • Coaching • Skills / Education • Policy and Strategy
7	Raising finance for sports facilities – a new approach for the Sector	Bristol and Bath Regional Capital – Ed Rowberry (CEO)	<ul style="list-style-type: none"> • Facilities • Funding • Business • Economy