Access Sport: Transforming Lives through Sport

Community Activator Coach Apprenticeship



Details of the role

Location: Based at Access Sport's Bristol office (Easton Business Centre, Felix Rd, Bristol, BS5 0HE) but predominantly out of office delivering activities in the community, including in schools and at community sports facilities.

Salary: Apprentice wage, plus Access Sport's Community Activator Coach Apprentice will be offered training and qualifications worth over one thousand pounds, including but not limited to NGB coaching qualifications (Foundations of Coaching Cycling (Level 1) (£300), Developing your coaching (Level 2) (£485) and Level 2 BMX Coaching Award (£250)). These qualifications will present the Community Activator Apprentice with the opportunity to earn income over and above their apprentice wage for sessions that they run outside of their contracted hours. The current rate for a qualified BMX coach is £25 per hour.

Apprenticeship Framework and Level: Level 2 Community Activator Coach

Accountable to: Bristol BMX Development Manager and Ignite Club Development Manager

Apprenticeship duration: 15 months

Hours: 30 hours per week, consisting of at least 20 hours delivery work per week. Access Sport's standard working hours are 9am to 5.30pm but this role may incorporate some evenings and weekends



About Access Sport

Access Sport CIO is a charity that is dedicated to enhancing the life prospects of disadvantaged young people and those from marginalised groups by providing opportunities to experience and enjoy the power of sport. We do this by building thriving community sports clubs, led by inspirational volunteers, in the most disadvantaged urban areas. These clubs provide life-changing opportunities for local, vulnerable people, whilst creating a lasting, locally-owned community resource. Access Sport's unique New Model Club methodology has won multiple awards including the national BT Sports Industry Award for Community Programme of the Year 2015.

Why work for Access Sport

Access Sport is an exciting and dynamic place to work. No two days are the same. There are opportunities for our team members to get involved in all aspects of the charity, from the delivery of our programmes on the ground, to fundraising, event management and finance.

We are committed to being a supportive and enjoyable place to work. Our staff development values are fun, flexibility, caring, supportive & nurturing and as an Access Sport employee you will benefit from:

- 25 days (pro-rata) holiday in addition to the usual public holidays and time off between Christmas and New Year when the office is closed
- A healthy living & well-being employer being part of social events and meeting the charity ambassadors
- Personal training allowance and development support
- Team and personal development away days throughout the year
- Good track record of staff development from university placements to full time employees

Why complete the Community Activator Coach Apprenticeship

- Achieve qualifications and vocational training that matches the criteria required by employers within the sports industry.
- Mentoring and experience of working alongside professionals from the industry including Sports Development Officers, experienced sports coaches and personnel from National Governing Bodies.
- Practical experience of working in the industry at sports event, in schools, in clubs and coaching within sports venues.
- An opportunity to meet new people of a similar age, have fun, become a role model and give something back to the community.
- The opportunity to attend exciting events and training throughout the apprenticeship

Bristol BMX Legacy Programme - Community Activator Coach Apprenticeship

Building on the strengths of Bristol as a unique and growing cycling city, Access Sport intends to build five community sized BMX tracks in disadvantaged areas of Bristol, each with the ability to sustain a community BMX Club run by local volunteers.

Through the three-year programme starting in 2017 we intend to:

- Create 5 new community BMX tracks
- Train 30 new coaches and recruit and train 30 local volunteers, leaving behind a fully sustainable
 network of five thriving BMX clubs to ensure thousands more young people continue to enjoy BMX
 cycling from 2020 onwards.
- Introduce 5,000 disabled and disadvantaged young people across Bristol to BMX cycling
 - o 35% to be previously inactive, 10% disabled, 30% female and a BME participation that reflects the community
 - o 40% of the participants will complete Bikeability cycle training



Create Bristol wide community and schools competitions

Access Sport will establish each BMX track and club with all the necessary equipment, recruit new volunteers and train people to become BMX coaches. The resulting facilities will become local hubs, reaching out to engage local schools, community groups and charities to ensure thousands of deprived and disadvantaged local young people can benefit.

The programme has the support of some of the UK's leading cycling talents, including:

- our greatest ever Olympian, Sir Chris Hoy (see https://www.youtube.com/watch?v=HziumngZObQ&t=43s)
- local Bristol downhill mountain bike star Laurie Greenland (see https://www.youtube.com/watch?v=Imrv08OeA3q)

Ignite Disability Inclusion Programme - Community Activator Coach Programme

Over the next three years, Access Sport will deliver a project to build on our work in Bristol, with a vision of creating a 'beacon city' of disability inclusion in sport and physical activity. Access Sport will support community clubs and organisations to open doors to young disabled people. Access Sport has an award-winning multi-sport approach which recognises the importance of different sports, enabling maximum inclusivity, choice and impact.

The objectives of the project are:

- Capacity build 20 volunteer-led community clubs and organisations in Bristol to engage disabled young people with non-disabled young people on equal terms, connect communities and improve wellbeing
- Support local community clubs to build partnerships with external stakeholders, including local special schools, disability organisations, and other local partners
- Develop a voluntary workforce that is inclusive of disabled people; ensuring coaches, volunteers and young leaders are suitably upskilled
- Work in partnership with Bristol City Council, the four unitary authorities (Bristol, South Gloucestershire, Bath and North East Somerset), Wesport, WISP and other key stakeholders in Bristol
- Work cohesively with National Governing Bodies and other key delivery organisations
- Evaluate the impact of Ignite inclusive clubs through implementation of our monitoring and evaluation framework
- Using the success and key learnings from Phase 1 and 2 of the Ignite Programme to develop Bristol as a "Beacon City" for inclusive sport and physical activity

Responsibilities

Based with Access Sport's team in Bristol, the Community Activator Coach Apprentice will assist in the delivery of Access Sport's BMX Legacy Programme and Ignite Programme in Bristol. This is an exciting opportunity for a sports enthusiast to gain practical experience in sports coaching and development. The role will be based in Bristol with travel across the city.

Duties and Key Responsibilities

- Working on part of Access Sport's Bristol team, assisting the Development Managers and British Cycling Go-Ride Coach to deliver upon a defined set of targets.
- Assist local community club coaches and the British Cycling Go-Ride Coach in delivering BMX cycling sessions to local schools, SEN schools, Pupil Referral Units, local disability groups and at events.
- Take the lead delivering sessions with small groups as directed
- Assist in maintaining health and safety at all times
- Following club development guidelines as described in our Development Manual to support the Development Managers in engaging and empowering local community clubs to effectively engage hard to reach, at risk and disabled young people from disadvantaged areas in Bristol.
- Help to inspire young people to engage in sport and lead healthy active lifestyles.



- Assist in assessing, recording and reporting on participant's progress and development including collecting registers and uploading participant information online.
- Attend Access Sport team meetings.
- Shadow the BMX Development Manager and Ignite Club Development Manager at meetings with clubs and other partners of the programme.
- Carry out administrative duties and support the team with reporting.

Experience, Skills & Personal Attributes

Skills & Personal Attributes required

- Be enthusiastic about wanting to work within their chosen coaching area and be committed to the 12 month apprenticeship.
- Possess a passion for empowering and inspiring people to reach their full potential through sport.
- Be organised and able to work effectively in teams and as an individual, always maintaining a professional approach to work.
- Be able to relate well to, motivate, and encourage others being conscious of being a positive role model at all times.
- Have an enthusiastic attitude to life and work.
- Have the ability to make learning and work fun.
- Enthusiasm, energy and willingness to meet challenging demands, work to deadlines and cost limits.
- Self-motivated, able to use initiative and a highly flexible approach to work.
- A personal commitment to Access Sport's cause.
- Self-disciplined, with excellent attention to detail.
- A strong team player with good inter-personal skills.

Oualifications Required

 You do not have to have previous experience of coaching the sport as full training and support will be given

Training to be provided

- Level 2 Certificate Community Activator Coach
- Key Skill in Application of Number Level 1
- Key Skill in Communication Level 1
- Employee Rights and Responsibilities Workbook (ERR)
- Personal learning and thinking skills

Further training opportunities include

- British Cycling Foundations of Coaching Cycling (Level 1
- British Cycling Developing your coaching (Level 2)
- British Cycling Level 2 BMX Coaching Award
- Safeguarding and Protecting Children
- First Aid Certificate
- Sports Leaders Training
- Employability Skills (e.g. CV workshops, interview skills)
- Disability awareness workshops (Autism, Deaf friendly, SEN etc...)

Flexibility

In order to work effectively in a changing environment, flexibility is required from the post-holder. Any other tasks that may be requested will be at the same level of responsibility and terms and conditions of employment. The post-holder must be prepared to travel throughout Bristol and the UK when needed, and work varying hours in accordance with the demands of clubs and events, this will include evenings and weekends.



Equal Opportunities

Access Sport is committed to becoming disability confident and an employer of choice irrespective of disability, gender, race, religion or belief, sexual orientation and age. We appreciate the ethical and business case of ensuring that our workforce is representative of wider society. When we are recruiting to the organisation, disabled candidates who meet the essential criteria will be guaranteed an interview.

How to apply

Go to https://www.lifetimetraining.co.uk/apprenticeship-vacancies/fitness-vacancies/,bristol,,/?VacancyReference=VAC-41705 to complete your application online.

Application Deadline Date: 16/01/19 **Possible Start Date:** 04/02/2019

Successful applicants must be available to attend an assessment day on 17/01/2018

