

## Active Workplaces- Competition Calendar



Wesport are pleased to share with you our exciting Summer workplace competition calendar for 2019.

We are here to support you and your workplace to be more active, and what better way than getting a group of you together for an evening of physical activity.

- All competitions are held after work, exact timings and costs on the links below.
- The focus is on having a great evening with your team mates and not on winning!!!
- No prior experience is needed.
- Many events will include a training / intro session for roughly 30 minutes followed by a competition for teams.

Click the events below to find out more information and to book your teams:

Date	Sport	Location
Wednesday 15 <sup>th</sup> May 2019 6pm - 8pm	<u>Badminton</u>	Centre for Sport, Frenchay Campus, UWE, Bristol
Thursday 6 <sup>th</sup> June 2019 5:30-8:30pm	<u>Softball</u>	Lockleaze Sports Centre, Bonnington Walk, Bristol
Tuesday 9 <sup>th</sup> & 16 <sup>th</sup> July 2019 6-8pm	<u>Kata-Kanu</u>	Baltic Wharf, Underfall Yard, Cumberland Road, Bristol
Thursday 22 <sup>nd</sup> & 29 <sup>th</sup> August 2019 6-8pm	<u>Kata-Kanu</u>	Baltic Wharf, Underfall Yard, Cumberland Road, Bristol
Thursday 8th August 2019 6-9pm	<u>Netball</u>	Bradley Stoke School, Fiddlers Wood Ln, Bradley Stoke, Bristol
Thursday 5 <sup>th</sup> September 2019 6-8pm	Disc Golf	Ashton Court Estate, Abbots Leigh Road, Bristol

To see all the competitions please click- www.wesport.org.uk/workplacecompetitions