# Creating positive relationships with physical activity for life

**Developing the Whole Child through PE** 

SV-S

# ...creating positive early core memories and experiences...







# **Physical Education:** Part of the problem or Part of the solution?



# ...the problem with traditional approaches...

#### No sense of belonging Poor Fundamental Movement Skills

Feeling inadequate

No choice/ownership/voice

Sport first

Inactive Jasmine

# ...creating quality, personalised experiences...







# **Challenge to align?**

## What you **believe** and value

#### with

#### What you Say

#### with

## What you do

# Intent



#### Fundamental Movement Skills

#### Learning behaviours





# ...creating quality, personalised experiences...

















# **National Curriculum**



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# **EYFS Framework**

# Communication and language

Physical development

Personal, social and emotional development



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#### Key Stage 1

Pupils should develop **Fundamental Movement Skills**, become increasingly competent and confident and access a broad range of opportunities to extend their **agility**, **balance and coordination**, individually and with others. They should be able to engage in **competitive** (both against self and against others) and **cooperative** physical activities, in a range of **increasingly challenging situations**.





#### Key Stage 2

Pupils should continue to apply and develop a broader range of skills, learning how to use them in different ways and to link them to make actions and sequences of movement. They should enjoy communicating, collaborating and competing with each other. They should develop an understanding of how to improve in different physical activities and sports and learn how to evaluate and recognise their own success.







# **Ofsted framework**



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# **Education inspection framework**

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Personal Development

**Behaviours & Attitudes** 

Quality of education



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#### **Personal Development**

'The curriculum and the school's wider work support pupils to develop resilience, confidence and independence and lead a healthy and active lifestyle, helping them to know how to keep physically and mentally healthy.'





#### **Behaviours & Attitudes**

'Pupils consistently have highly positive attitudes...'

'They are committed to their learning, know how to study effectively, are resilient to setbacks and take pride in their achievements.'







### **Quality of Education**

#### Intent

'Leaders adopt or construct a curriculum that is ambitious and designed to give all pupils...the knowledge and cultural capital they need to succeed in life.'

#### Implementation

'Teachers create an environment that allows pupils to focus on learning. The teaching materials teachers select – in a way that does not create unnecessary workload for staff – reflect the school's ambitious intentions for the course of study and clearly support the intent of a coherently planned curriculum, sequenced towards cumulatively sufficient knowledge and skills for future learning and employment.'

#### Impact

'Pupils develop detailed knowledge and skills across the curriculum and, as a result, achieve well.'

# Quality of Education



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#### What's your vision for PE?



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**Review?** 



#### Is your <u>PE;</u> Physical Education or Sport? Are you developing the whole child or rules?

#### <u>How</u> are you developing the Whole Child through PE? <u>How</u> does PE contribute to the WS culture?

#### <u>What do you need to support your vision?</u> Do staff and children know what the intent of PE is? <u>What do you need to get started?</u>

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#### <u>Next steps</u> Review your vision and curriculum

#### <u>Need support?</u> real PE 3 day course B&NES: 25<sup>th</sup> March

https://spark.adobe.com/page/iVJYlidwpDHiy/

#### **Bristol: 2<sup>nd</sup> April**

https://spark.adobe.com/page/Knz1jxxCEuIBA/







#### <u>Wider curriculum?</u>

#### real gym North Somerset: 27<sup>th</sup> April https://spark.adobe.com/page/5X2nouoEkX4Je/

# **Feeling re-energised?**

We run training for new staff, refresher training, in school support –

Just get in touch!







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https://jasmineactive.com/#examples-real-pe

# Contact me to get your school online: <u>SM@createdevelopment.co.uk</u>



