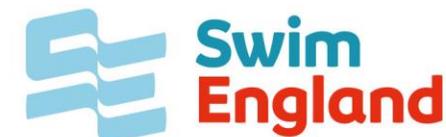


# Schools Swimming Mythbusters



<p>Sport Premium Funds can't be used for swimming!</p> <p><b>MYTH</b></p>	<p>The fund can't be used for your existing core provision but it can be used to enhance it including:</p> <ul style="list-style-type: none"> <li>• Training for School Teachers</li> <li>• Additional Swimming Teachers</li> <li>• Increase on weeks, terms and year groups swimming</li> <li>• Top up sessions for those not hitting the National Curriculum standards</li> <li>• Private lessons for those with SEND or phobias</li> <li>• Access to public family sessions to work on water confidence</li> </ul>
<p>School Teachers aren't allowed to teach swimming!</p> <p><b>MYTH</b></p>	<p>Swim England encourages school teachers to get involved with swimming lesson delivery – even if it's just to give Swimming Teachers support and sign off competencies. It's even better if school teachers have their National Curriculum Training Programme Teacher of Schools Swimming as this will reduce teacher:pupil ratios and increase the quality of delivery. Find out more <a href="#">here</a>.</p>
<p>Once children can swim 25m we don't have to bring them swimming!</p> <p><b>MYTH</b></p>	<p>In order to hit the National Curriculum requirement Children need to be able to:</p> <ul style="list-style-type: none"> <li>• Perform safe self-rescue in different water based situations</li> <li>• Swim competently, confidently and proficiently over a distance of <b>at least</b> 25 metres</li> <li>• Use a range of strokes effectively, for example, front crawl, backstroke and breaststroke.</li> </ul> <p>As with any other subject, once they have completed the National Curriculum requirements they should still continue to swim with the school to enhance their water safety and swimming skills.</p>
<p>There is no awards structure for schools swimming!</p> <p><b>MYTH</b></p>	<p>Becoming a School Swimming and Water Safety Charter School costs just £36 including VAT. The charter includes a range of awards along with teaching resources and lesson plans. More information can be found here: <a href="https://www.swimming.org/schools/school-swimming-water-safety-charter">https://www.swimming.org/schools/school-swimming-water-safety-charter</a></p>
<p>Lessons need to be weekly across the term</p> <p><b>MYTH</b></p>	<p>Lessons can be delivered however the school and pool operator want to. Some prefer a weekly option whilst others may do lessons crash course style. You may choose to do 30 min, 45 min or 1 hr lessons</p>
<p>Schools can't use the premium for events and challenges!</p> <p><b>MYTH</b></p>	<p>The premium can also be used to support events and challenges, such as swimming galas, <a href="#">AquaSplash</a>, <a href="#">Big School Swim</a>, Swimathon or <a href="#">Swim Safe</a> sessions.</p>
<p>It's hard to keep track of the pupil's achievements!</p> <p><b>MYTH</b></p>	<p>The Schools Swimming and Water Safety Charter has a range of registers for the school and operator to use. You may find it easier to upload the registers to Google.docs and share the link so the school and operator can both see them and keep track of achievements. Most operators will have tablets for their main paid for lessons which can be used to upload the Google link.</p>
<p>The school has to have the whole pool and private access to changing rooms!</p> <p><b>MYTH</b></p>	<p>Ideally changing and swimming areas will be separated through barriers, however this may not always be possible. The school and pool operator should work together to risk assess and implement suitable safeguarding procedures. It is the responsibility of the school to bring enough supervision to ensure their safeguarding procedures are managed effectively. It's important to be aware that the pool is unlikely to have additional team members available to help with this.</p>
<p>Swimming takes time away from other National Curriculum subjects!</p> <p><b>MYTH</b></p>	<p>This can be true if you don't prepare for it! You can introduce numeracy and literacy games into your swimming lessons and play bus games that cover water safety and other National Curriculum subjects.</p>